

Credo Community Center for the Treatment of Addictions, Inc.

Residential Rehabilitation Services for Youth – the Farm

Please try to gather as many of the following items as possible and bring them on your date of admission.

All clothing used in treatment must be without holes, frays, vulgar language, drug or alcohol advertisements, etc. and they must fit properly.

Any items not found on the list should not be brought to treatment and are not used in this facility.

The facility will supply replacement clothing and hygiene items throughout treatment, and additional items needed to complete specific tasks such as barn chores, skiing, swimming, etc.

Clothing Items

- 3 pairs of pants/jeans to wear in the house
- 3 shirts to wear in the house
- 1 sweater or sweatshirt to wear in the house
- 4 pairs of socks
- 4 pairs of underwear
- 4 undershirts
- 1 belt
- 1 pair of shoes to wear in the house
- 1 pair of sweatpants
- 1 pair of lounge or pajama pants
- 1 pair of sneakers for outdoor fitness
- 1 winter coat
- 1 winter hat
- 1 pair of winter gloves
- 1 pair of jeans for working in the barn
- 1 pair of waterproof boots for barn chores
- 1 pair of fitness shorts
- 2 t-shirts to use in the barn or during fitness
- 1 pair of slippers

Hygiene Items

- 1 bar or container of bath soap
- 1 container of shampoo
- 1 container of conditioner
- 1 stick of deodorant without alcohol
- 1 tooth brush
- 1 tube of toothpaste
- 1 comb or hair brush
- Several disposable razors
- OR
- 1 razor with replacement heads

Prescription Medications

Please bring a 30 day supply of prescription medications in the original container from the physician or pharmacy.